NOTICE

NATIONAL SERVICE SCHEME (NSS UNIT)

The NSS Unit of the college has organised a **Blood Donation Camp** on Thursday, 10th August, 2023 between 08.30 a.m. and 02.30 p.m. in the college basement. This noble event aims to encourage voluntary blood donation among our compassionate student community and contribute to saving lives.

By donating blood, you directly contribute to the well-being of patients in need, accident victims, and individuals with critical health conditions.

Who Can Donate?

Interested individual should meet the following criteria:

- 1. Age: 18 to 60 years old
- 2. Weight: Above 50 kg
- 3. General Health: Good health with no recent illnesses
- 4. Haemoglobin Level: Minimum acceptable level as per guidelines

Important Instructions:

- 1. Participants should have a light meal before donating blood.
- 2. Get a good night's rest before the donation day.
- 3. Avoid smoking and alcohol.
- 4. If you have any pre-existing medical conditions or are under medication, please inform the medical staff during registration.

(I/C Principal)